

**FOR IMMEDIATE RELEASE**

For: Kaiser Group Holdings, Inc.  
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**Kaiser Group Holdings Announces Second Quarter 2009 Results**

FAIRFAX, VA – September 3, 2009 – Kaiser Group Holdings, Inc. (the “Company”) (Pink Sheets: KGHI) today announced availability of its second quarter 2009 financial statements on the Company website <http://www.kaisergroup.com>.

The Company reported that, as of June 30, 2009, it had entered into an agreement with a money center bank to purchase, at discount, secured term loans made to Bally Total Fitness Holding Corporation (“Bally”) for \$11.7 million. This transaction closed in the third quarter. As a result of conversion of Bally secured term loans into equity, the Company now owns approximately 10% of common stock in Bally. This investment transaction was approved by the Company’s Board of Directors in June 2009.

On February 28, 2008, the Company filed a Form 15 with the Securities and Exchange Commission (“SEC”) to voluntarily terminate the registration of its common stock and suspend its reporting obligations under the Securities Exchange Act of 1934. The Company, at that time, also announced its intention to voluntarily make financial and other information available periodically to its stockholders via its website, <http://www.kaisergroup.com>.

The Company’s Common Stock is currently quoted on the Pink Sheets (symbol KGHI). The Pink Sheets is a centralized quotation service that collects and publishes market maker quotes in real time, primarily through its website, <http://www.pinksheets.com>.